

UNIT 2 PERSONAL ASSESSMENT TEST

1. Chose the correct answer

- a) The professional skill is the ability to do something well through training
- b) The professional skill is the skill needed to succeed in professional practice**

2. Which of the following DOESN'T consist Oral Communication Skill:

- a) presentation
- b) audience awareness
- c) critical listening
- d) body language**

3. Check the false: According to EQF classification system, the level 5 of Qualifications reflects

- a) A comprehensive range of cognitive skills required to develop creative solutions to abstract problems
- b) A comprehensive range of practical skills required to develop creative solutions to abstract problems
- c) Basic skills required to carry out simple tasks**

4. Select the correct answer:

- a) identify the what 'I am able to'**
- b) ask a friend
- c) join a friend's own selection
- d) search trends

5. Which of the following is not an Intrinsic Value?

- a) Limited change at work**

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- b) Be an expert
- c) Work on the frontiers of knowledge
- d) Help others
- e) Help society

6. Review the following sentence: *Self-awareness strengthens your self-esteem and your positive self-image*

a) True

b) False

7. Check the False: Setting goals means that I know where I want to go...Which should help us:

- a) Understand the definition of a goal and realize the importance of setting one
- b) Develop steps of personal/professional goal setting
- c) Review and Update plans for goal achievement
- d) Apply to self-loathing aspects of setting a goal.**

8. Review the Sentence: *One's Professional Skills are considered Specialized When they result from a successful educational process*

a) True

b) False

9. Communication Skills are divided in Oral, Non Verbal and:

a) Written

b) Fake

c) Respective

10. Please identify the 4 words behind the acronym SWOT

a) See – watch – open – take

b) Strengths – weakness – opportunities – threats

c) Strengths – wonders – opposites – trends

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